



Shelby City
Health Department
Live Healthy. Stay Healthy.

2019
Shelby City
Health Department
Annual Report



A Message from the Health Commissioner

Dear City of Shelby Residents,

It is my pleasure to share our health department's annual report for 2019. Thank you, community members, for supporting our health department. Our department and its dedicated employees continue to make strides to provide public health services to the jurisdiction that we serve. We have reached new milestones this past year by applying for and receiving over \$204,000 in State and Federal grants to maximize the use of local levy dollars for programs/services.

Environmental Health Director, Beth Ann Conrad, R.S. has continued to expand our visibility in the community and meet the demands of preparing for national public health accreditation. Our Environmental Health division continued to meet inspection deadlines in all mandated programs while also being surveyed by the Ohio Department of Health in our swimming pool program. "Proudly, we were approved" by the state department to continue providing this state mandated program to our community.

The contracted services with Richland Public Health for back to school immunization clinics and Galion City Health Department for Communicable disease investigations were successful.

Staff members of Shelby City Health Department (SCHD) attended health fairs and special events to promote public health to our community. We vow to strengthen community and state partnerships to make public health a priority with the hiring of a full time RN for 2020.

We have been successful in utilizing social media: Facebook, Twitter, Nixel to keep the community engaged, educated and informed. We also used news media to promote health information, mosquito spraying schedules and community events.

We introduced a new website in 2019, www.shelbycityhealth.org, to provide the community and residents with health department information, promote health education and other pertinent information. We will continue to promote hand washing, drug prevention, safe sex and vaccinations as the cheapest and most effective method to control communicable diseases. Our health department will accomplish even more in 2020 with new ideas and increased presence in the community and guidance from our Mayor – Mr. Steven Schag, Chair of the Board of Health.

2019 was a big accreditation year for Shelby City Health Department. Working with Resource Solutions, The health department introduced numerous improvements for instance, the ability to pay with a credit card for services and fees, customer satisfaction questionnaires, Quality improvement plans & continue implementation of the strategic plan for the department. We submitted our accreditation documentation in October 2019 & will have a site review in 2020. The health Department started the process of having an advisory committee since it does not have a Board of Health like usual departments. This will give the Health Department an outside view



and recommendations from citizens on matters related to the Health Department. The first meeting is scheduled for 2020

We welcome your ideas and suggestions. Please feel free to contact our department to become more involved in public health.

Sincerely,

Ajay Chawla MD FACP
Health Commissioner



Shelby City Health Department Mission, Vision and Values

Mission

To protect, promote and improve the health of our citizens through integrated State, County, & community efforts.

Vision

To be one of the Healthiest cities in the state of Ohio

Values

Promoting health by Innovation, Collaboration, Accountability, Responsiveness and Excellence



Public Health
Prevent. Promote. Protect.



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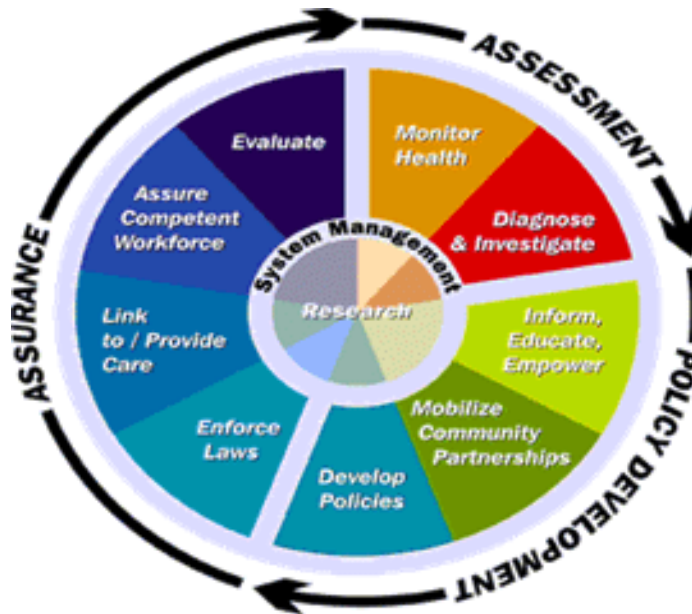
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10 Essential Public Health Services



The Essential Public Health Services describe the public health activities that should be undertaken in all communities. These essential services are defined by the National Public Health Performance Standards Program (NPHPSP) and include the following 10 services:

1. Monitor health status to identify and solve community health problems.
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships and action to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure competent public and personal health care workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.



Departments & Services

Environmental Public Health

The Environmental Public Health staff consists of a full time Registered Sanitarian/Environmental Health Director, Full time Director of Nursing/Health Educator and a part time Registered Sanitarian who provide inspections, education, and enforcement of environmental laws and rules. Specific environmental programs that are covered by the staff include Food Safety, Public Health Nuisance Abatement, Rabies Control, Body Art Businesses, Public Swimming Pools, Manufactured Home Park Inspections, School Environment Inspections, Smoke-Free Workplace, Household Sewage Treatment Systems, and Private Water Systems. Nursing & education services include community health education, health screenings & back to school immunizations.

Food Safety

The food safety program continues to be the largest part of all the environmental programs. Food Service Operations and Retail Food Establishments continue to upgrade their equipment/ facilities and more importantly, their food safety practices and knowledge with encouragement from the health department. The department conducted 161 food inspections.

A great way to prevent disease/illness can really be as simple as proper hand washing. We provide education on the importance of proper hand washing in our Level 2 food safety food classes required for our Risk Level 3 & 4 Food Service Operations & Retail Food Establishments. We certified 5 individuals in Serve Safe, which is a 16 hour course through the National Restaurant Association which our Sanitarians are certified as Proctors and Administrators through.



Ohio Department of Agriculture-Food Recalls

Shelby City Health Department informs the residents as needed about recalls and has active website to link food recalls to prevent food borne illnesses. Please visit <http://shelbycity.oh.gov/visitors/health/health-education-promotion>



Public Health Nuisance Abatement

The Health Department received Sixty one (61) public health nuisance complaints in 2019. This was a decrease from the past few years. Site visits, and follow-up inspections were performed on all complaints.

Most of the complaints were solid waste/garbage issues that were either abated or dismissed through working with property owners, enforcing nuisance abatement regulations, and/or public education.



Rabies Control

There were 30 animal bites in 2019 which was an increase from the previous year. There were 19 dog bites, 10 cat bites, and 1 bat bite. Following a reported animal bite, SCHD works with animal owners to ensure their pets are properly quarantined and vaccinated against rabies to prevent disease transmission. In 2018 while Ohio had 1 cat, 6 raccoons and 13 bats test positive for rabies, Shelby City had no reportable cases of Rabies.



Body Art Businesses

The City has an Ordinance to approve any Body Art facility and we have one approved Tattoo and Body Art Business.

Public Swimming Pools

12 inspections were made at the 3 licensed swimming pools in our city. In addition, the public swimming pool program was surveyed and approved by the Ohio Department of Health in 2019





Manufactured Home Parks

Our department has a memorandum of understanding with the Ohio Department of Commerce to conduct inspections at the four (4) licensed manufactured home parks within the city of Shelby. Inspections are completed once per year by our department and reimbursed by the State of Ohio. However, the Ohio Department of Commerce is responsible for enforcing all violations that are observed.

School Environment



The school facilities continue to be inspected twice a year as required by Ohio law. Environmental recommendations and corrections are made as the school's budget allows for it. Ohio Department of Health continues to encourage all schools to implement programs within the school's administration to create sustainable school environmental health in Ohio.

Sewage Treatment Systems

New statewide household sewage treatment system rules went into effect January 1, 2015. The Environmental Public Health staff spent a lot of time planning for the implementation of the Operation and Maintenance program for the City of Shelby residents who have their own sewage treatment systems. In 2019, residents on West Main Street with household sewage treatment systems were issued temporary operational permits until the New Main Street Sewer Project is complete. The West Main street sewer project started construction in 2019 and the residents will have the ability to apply between two EPA Water Control Pollution Control Fund grants totaling three hundred thousand dollars to help with expenses for Laterals, collapsing old Septic systems & indoor plumbing if required. Packets will be given to each of the 23 property owners & available at the health department. The Main Street project should be completed in summer of 2020. Mickey Road completed the first step in 2019 for the same process of moving those properties to sewer. The health department will be issuing Temporary operation permits for their septic system until the next phase of sewer tap in is started.

Private Water Systems

Our department received two water hauler registrations and performed two regulatory inspections of the trucks for safety and sanitation standards.

Mosquito Control

The Shelby City Health Department collaborates with the City of Shelby Street Department to provide mosquito control. With the help of the Ohio Department of Health and the CDC, We implement education, surveillance, and adult mosquito control when necessary. We contracted with a part time surveillance person for the 2019 mosquito trapping. Shelby submitted 1543 mosquitos for testing. We had **No** Mosquito's test positive for West Nile Virus (WNV). A news article on WNV information was placed in the Globe.





Smoke-Free Workplace Law

Our department continues to investigate complaints called into the Ohio Smoke-Free Workplace complaint line, 1-866-559-6446. In 2019, we investigated 2 complaints.

The law states a proprietor must take reasonable steps to prohibit smoking including, but not limited to, asking people to quit smoking when people are smoking in an establishment.



Health Promotion/Education

Health Promotion and Education is an informational link to the community and the media. Services include programs on risk reduction and healthy lifestyles, health screenings for public and private employees, resource materials on public health topics. We provided education on Health Homes at a program through the Marvin Memorial Library. We provided 4 lead testing kits to residents of Shelby through our Health Homes Grant with 60 more available at the Health Department.



Chronic disease management

Our department regularly posts health articles about healthy eating, exercise, and tobacco cessation to remind our valued community that all of those items will make a difference in managing obesity, diabetes, heart disease, and cancer. Through continuous quality improvement, we will strive to improve chronic disease management outreach and collaboration with the community through our website, programs, social media and our local newspaper. SCHD hosted some Healthy Walking opportunities from the Library to the new fire station.





Tobacco programs

The Ohio Tobacco Quit Line is now housed at the Ohio Department of Health and continues to provide assistance to smokers who want to kick the tobacco habit. Tobacco counselors are available to help from 9 a.m. to 11 p.m. Monday-Friday and from 10 a.m. to 6:30 p.m. Saturdays and Sundays. Soon-to-be-former smokers can also leave a message 24 hours a day and request a time for a call back that is convenient for them. 2020 the Health Department will look at implementing a tobacco cessation program.

Service is available in 150 languages and TTY service is available for the deaf and hard of hearing at 1-888-229-2182. Smokers who want to quit are much more successful when they take advantage of services such as the Ohio Tobacco Quit Line. Indeed, only 5 percent of those who try to quit smoking cold turkey are successful, compared to 22 percent who use the quit line. On line TOBACCO information can be found at : [Tobacco Information](#)



Public Health Nursing

The Shelby City Health Department contracted with **Richland Public Health** in 2019 to provide back to school vaccination services and for epidemiology provisions for Shelby. The city hired a new RN for 2020, Tiffany Ellenberger BSN, RN will be overseeing our Director of Nursing and Health Education. She will be looking at Chronic diseases, health & prevention for Shelby residents.

Millions of people have benefited from vaccines for more than two centuries. The history of vaccines and immunization began in the 1790's with the creation of the world's first vaccine for smallpox. Public health professionals and the World Health Organization (WHO) rank immunization in the top ten health achievements of the past century. Vaccines protect infants, children, and adults from the harm and premature death caused by a number of communicable diseases. Vaccinating is the single most effective communicable disease prevention strategy.





The goal of the vaccination program is to eliminate vaccine preventable illnesses through Immunizations. In 2019, over 800 vaccinations were given at Shelby City Health Department.

It is also important for adults to receive recommended doses of vaccine throughout their adult life. The Shelby City Health Department partners with Richland Public Health to offer a variety of immunizations to adults. Visit the City and Health department websites for 2020 vaccination clinic schedules for adult immunizations.

Blood Pressure: The Marvin Memorial Library has blood pressure cuffs that they offer for members to check out, the Shelby Community and Senior Center offered monthly blood pressure checks for 2019. Tiffany Ellenberger will be on a monthly schedule for blood pressure checks at Marvin Memorial Library & Shelby Community Senior Center, call or visit our website for dates and times for 2020.

Communicable Disease Control

Shelby City Health Department contracted with **Galion City Public Health** for communicable disease surveillance ie; STD'S, Norovirus, scabies , flu, etc. We work closely with Galion City and the Ohio Disease Reporting System (ODRS) to identify, assess, and control the presence and/or spread of communicable disease by education of the individuals in the city of Shelby. Reports are submitted by laboratories, hospitals, physicians and other health care providers. When a communicable disease is reported in an individual, group, or cluster, the Shelby City Health Department conducts a case and outbreak investigation within strict timelines and the education needed for each case or outbreak. For 2020, all services except immunizations, *this service will be brought back in house with the hiring of a full time RN.*

The Shelby City Health Department reported an increase of individual cases of reportable communicable disease to Ohio Department of health. Hepatitis C cases continue to rise not only in Shelby, but also across the nation. The main causative factor is mandated testing of individuals, the increase in intravenous drug usage and sharing of drug paraphernalia. The health department had reported cases of influenza A & B as well.

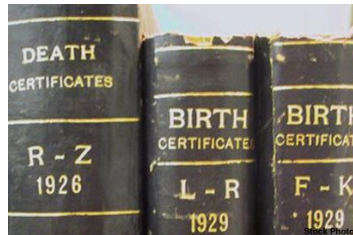




Vital Statistics

The Vital Statistics division of the Shelby City Health Department may issue certificates of any birth that occurred anywhere in the State of Ohio.

Death Certificates are available from 1908. City of Shelby death records before those dates are kept at the Richland County Probate Courthouse in Mansfield, OH.



Deaths Certificates must be obtained at the Shelby City Health Department if the death occurred within the city limits of Shelby. All original Ohio birth and death certificates are permanently placed on file at the Ohio Department of health in Columbus. Their web site is www.odh.ohio.gov/vs.

There were **382 death and 590 birth certificates printed for 2019** by the Shelby City Health Department. Certified copies of certificates are available at Shelby City Health Department in city hall.

Another service provided by the Vital Statistics division is acknowledgement of paternity affidavits. The completion of paternity affidavits is voluntary and acknowledges that a parent and child relationship exists. The affidavit places responsibility for support of the child on the parent. The Vital Statistics Department also issues burial-transit permits to area funeral directors.

Budget and Finance

The 2019 Shelby City Health Department annual budget was approximately \$375,000. The health department receives financial resources from two health levies generating about \$219,000. Shelby City Health Department balances its budget by fees collected from all the state mandated licensed facilities, Birth/ Death certificate fees and miscellaneous fees. Thanks to the citizens for passing the .9 levy renewal in 2019.

Other sources of income are Vital Statistics fees, State and Federal Grants and Environmental contractual and licensing fees. The health department revenues support the delivery of the various services and programs including, community health, environmental health, immunizations, administration, vital statistics, public health nursing services for communicable disease and public health preparedness.



Public Health Preparedness

The Shelby City Health Department is a sub-grantee with RPH in the Public Health Emergency Preparedness (PHEP) Grant. The Northeast Central Ohio (NECO) coordinator serves as the planning and training liaison between the health department and other county emergency response agencies. The coordinator assists the health department in preparing for the possible effects of a manmade or naturally occurring disaster, such as hurricanes, influenza pandemics, and bio-terrorism events through training and exercises.



The coordinator regularly conducts training exercises to test the viability of the health department's plans and ability to protect the public health.

Technology

The Shelby City Health Department incorporates modern technology systems to administer most of its programs. Most of our records are kept electronically for less waste & easy retrieval. It is our goal to continue to move toward more electronic filing in the future.



The Environmental Health division uses HealthSpace for intake of all complaints, animal bite reports, food safety inspections and swimming pool inspections. The Ohio Department of Health awarded HealthSpace, USA a contract for the Environmental Health Data System Integration project for Ohio. ODH purchased 500 user licenses and offered them to LHD's. It is an integrated system that handles all data, and the records/documents are viewed in a logical tree structure. It allows for laptop/tablet mobile data collection, simultaneous data input from all users, and it is web-based. It has standardized data entry forms and state specific print forms.



The Shelby City Health Department maintains a Facebook account to connect the community to pertinent public health education information. The health department also regularly places health articles and information in the Shelby Globe to reach the community. We also utilize Nixle <http://local.nixle.com/zipcode/44875/> to get urgent, specific messages to the community, and we invite you to opt in at the link posted above.

Challenges

While the Shelby City Health Department spreads its wings for 2019, the challenges remain at the local and national level. Public health remains under-funded and depends on tax dollars. For each dollar spend on public health, society saves 12 dollars on tertiary care.

A mandate for all local health departments in Ohio is to become nationally accredited. The Public Health Accreditation Board (PHAB) is the organization that develops the standards and awards accreditation. Each local health department in Ohio must apply for accreditation by 2019 and become nationally accredited by 2020. We began this journey in 2016 by submitting for funding to do a statistically significant Community Health Assessment for the city of Shelby. We have also secured a contract with Resource Solutions, Inc. consultants to be our Accreditation Coordinator and help facilitate the accreditation process.

Thank you for your past and future support. Together, we can all make Shelby a great place to:
Live Healthy and Stay Healthy.