



Shelby City
Health Department
Live Healthy. Stay Healthy.

Free Heartsaver CPR Classes

The American Heart Association focus is on improving cardiac arrest survival rate through life-saving skills, education and training. The NFL and American Heart Association have teamed up to provide free CPR education following the lifesaving medical attention Damar Hamlin received.

The Shelby Health Department would like to extend that education and training through providing Free Heartsaver CPR classes to the residents of Shelby.



Heartsaver CPR class is a 1-2 hour class that provides you with the skills and confidence to respond to a cardiac arrest. The vast majority of cardiac arrests happen at home, in public places and workplaces. This class will provide you with the skills and confidence to give CPR, and to use an automated external defibrillator (AED) in a safe, timely, and effective manner.

If you would like to learn this Life Saving Skill call the **Shelby Health Department at 419-342-5226** and sign up for one of our classes. Class size is limited.

March 27th 6:30-8:30pm

April 24th 6:30-8:30pm

May 15th 6:30-8:30pm

June 20th 6:30-8:30pm