

**GET HEALTHY!!
JOIN US FOR A WALK!**

**1st and 3rd
Wednesday of
every month**

**10:00am – 12:00pm
(Excluding Holidays)**



**Mobility Steps at the
Ontario Center**
(former Richland Mall)



Meet at the Center Mall any
time between 10am and 12pm

**Are you looking for a fun way to get healthy, meet new
friends and learn about your community... Join us!**