

Richland County Mental Health and Recovery Services Board

Help with Mental Illness and Addiction

In an EMERGENCY, please call HELPLINE:

419-522-4357(H.E.L.P.)

2-1-1 Ohio

Call 2-1-1 or use 24/7 line at 419-522-4636

Walk-ins and phone calls allowed. Provides information on nearby food pantries, community meals, housing/shelters, and financial assistance, utility assistance, transportation options, state and local government offices, consumer protection/ consumer education, seasonal assistance, abuse reporting, food/nutrition programs, immunization/ health care & screening services, mental health services & recovery resources.

Richland Locations: **36 West Third Street** **Text Services: Text Zip Code to 898211**
Mansfield, OH 44902

Abraxas Ohio

419-747-3322

Abraxas Ohio Residential and Outpatient Services: 419-747-3322. Residential facility provides mental health, substance use, and Juvenile Sex Offender treatment to adolescent boys. Outpatient services include substance use, mental health and in-home services for adolescents, adults, and families. Accredited by The Joint Commission. Medicaid, personal insurances and community or self- referrals are accepted.

Richland Locations: 2775 State Route 39
Shelby, Ohio 44875

Catalyst Life Services

419-756-1717

Offering mental health assistance for all ages and comprehensive programs for outpatient and residential substance abuse, withdrawal management, vocational rehab, audiology, Deaf and Hard-of-Hearing, and crisis intervention including a 24-hour helpline (419-522-HELP) and stabilization unit, 24-Hour Warmline (419-522-5300) Peer Support Services/OASIS Club consumer drop-in center. Clients may be referred or self-admit—we accept all payer sources and offer financial assistance.

Richland Locations: **741 Scholl Road** **270 Sterkel Blvd** **31 East Main Street**
Mansfield, Ohio 44907 **Mansfield, Ohio 44907** **Shelby, Ohio 44875**

Community Action for Capable Youth

419-774-5683

Providing effective on-site tobacco, alcohol, problem gambling, violence and drug and suicide prevention education, information, and coordination services for pre-school age through senior year. Individual and group tobacco cessation services available by appointment. Topic based prevention training and bio-degradable medication disposal packets available for community members.

Richland Locations: 1495 West Longview-Suite 104
Mansfield, Ohio 44906

Family Life Counseling

419-774-9969

Offering comprehensive mental health and addiction outpatient services for adult and youth, including assessments, counseling, and case management services. Clients may be referred or self-admit – we accept all payer sources and offer financial assistance.

Richland Locations: 151 Marion Avenue **222 Marion Avenue** **169 Mansfield Avenue**
Mansfield, Ohio 44903 **Mansfield, Ohio 44903** **Shelby, Ohio 44875**

Foundations For Living**419-589-5511**

Residential Treatment for adolescents ages 11-18. Girls program serves both mental health, substance use diagnosis. Male program serves only those with both mental health and substance use disorders. Special populations include: pregnant youth, survivors of Human Trafficking, and those with self-harming behaviors. Accredited by CARF, licensed by the Ohio Department of Mental Health and Addiction Services.

**Richland Locations: 1451 Lucas Road
Mansfield, Ohio 44903**

Healing Hearts Counseling Center**419-528-5993**

Group/ individual counseling for drug and alcohol services with medication assisted treatment. Mental health counseling (with supportive medication) for trauma, abuse, depression, anxiety and sex education. Therapy upon request: Spiritual, Art, EMDR, and Body- Focused Trauma (Somatic). Group offered for women, men, perinatal and couples. Wellness services include: Physical Fitness facility and Cognitive Fitness (brain health). Weekend/evening hours provided. Medicaid and most insurance accepted.

**Richland Locations: 680 Park Avenue West
Mansfield, Ohio 44906**

Heritage Christian Counseling Ministries**Mansfield: 419-526-5523 Shelby: 567-844-0036**

Faith based out-patient counseling. We provide play therapy, as well as counseling for adolescents and adults dealing with a wide range of issues, we provide pre-marital, couples, and marriage counseling. We accept most insurances and have a sliding scale for clients without, that are adjusted on a case-to-case basis.

**Richland Locations: 1066 Lexington Avenue 153 Mansfield Avenue Suite B
Mansfield, Ohio 44907 Shelby, Ohio 44875**

Hope 419**419-951-2020**

Hope 419 is Psychiatry, Counseling and TMS Treatment Center. They offer new patient assessments, medication management follow-up, and individual therapy, family therapy, couples counseling, group therapy, & adult ADHD testing.

**Richland Locations: 1221 South Trimble Rd. Suite C3
Mansfield, OH 44907**

Mansfield Comprehensive Treatment Center**844-275-1072**

Outpatient medically assisted treatment offering methadone, buprenorphine and Vivitrol® for adults 18 years of age and older. Treatment includes biopsychosocial assessment, SUD case management services, as well as individual and group therapy. Referrals are welcome, but not necessary. Walk-ins accepted.

Find us on Facebook at Mansfield Comprehensive Treatment Center or our website www.ohioctc.com

**Richland Locations: 475 Lexington Avenue
Mansfield Ohio 44907**

Mansfield UMADAOP**419-525-3525**

Outpatient Services specializing in Medication Assisted Treatment; Mental Health specializing in Adolescent Care and AOD/Mental Health Dual Diagnoses; AOD Prevention Services; Circle For Recovery of Ohio—Ex- Offender Program; Help Me Grow for New Mothers; we accept all payer sources including some private insurance. Our clients can self-admit, be court ordered, or referred by other agencies.

**Richland Locations: 400 Bowman Street 91 Park Avenue West 215 North Trimble Road 74 Wood Street
Mansfield, Ohio 44903 Mansfield, Ohio 44903 Mansfield, Ohio 44906 Shelby, Ohio 44875**

National Alliance on Mental Illness (NAMI)**419-522-6264**

Offering support groups, education and advocacy for individuals, families, and care givers of those living with mental health issues. All NAMI classes and support groups are free to the public, so you never have to feel alone in your journey to recovery! Please call! Find us on Facebook at NAMI Richland County or website www.namirc.org

**Richland Locations: 420 Stewart Lane
Mansfield, Ohio 44907**

Project One**567-241-6781**

Faith based Family and recovery advocates. We hold a **Recovery Road** services Saturday and Sunday, at 378 Park Avenue West at 6:00pm. We have a 24/7 Advocate line 567-241-6781 that helps with treatment options and support from those that have personal experience with overcoming addiction or family members that are struggling emotionally.

Find us on Facebook @ <http://www.facebook.com/ProjectOneRecoveryRoad/>

Providers for Healthy Living**419-605-9817**

Outpatient counseling, medication management, psychological testing. Accepting CareSource and private insurance. Self-referral and other referral sources.

**Richland Locations: 1221 South Trimble Road, Building C
Mansfield, Ohio 44907**

Reformers Unanimous**866-733-6768**

A biblically based, Christ-centered recovery program, designed to rescue, recover, and restore those in addictive behaviors with the power of the hidden life found only in Jesus Christ. RU is an addiction recovery class that started in Rockford, Illinois and offers residential help for addicted men and women that has now expanded into churches, prisons, and online resources across USA communities and around the world.

Richland County Community Alternative Center**419-774-3576**

An Ohio MHAS certified drug and alcohol treatment program that provides concurrent intensive counseling services within safe and secure housing for adult men and women. The majority of clients are court referred/ordered; but private pay individuals are accepted. We accept Medicaid and self-pay. No insurances accepted.

**Richland Locations: 597 Park Avenue West
Mansfield, Ohio 44905**

Starfish Project of Richland County**419-512-6877 or 6678**

Provide guidance on treatment options for those struggling with addictions and life-controlling problems. We change our community by supporting individuals and their families for a healthy life of recovery. Scholarships for faith-based programs are available.

Come to the Well Biblical Counseling**419-342-2456**

Come to the Well is an interdenominational ministry that assists individuals and families in dealing with the complex challenges of life from the perspective of God's Word. Our mission is to minister to the greater Richland County area to those who may be struggling in the areas of conflict, marital discord, unhealthy emotions, sexual immorality, addictive behaviors, parenting or other problematic issues.

**Richland Locations: 81 East Main Street
Shelby, Ohio 44875**

Third Street Family Health Services**419-525-6720**

We offer Behavioral Health Assessments, Counseling and Medication Assisted Treatments, Accepting Medicaid, Medicare, Insurance and Self Pay.

**Richland Locations: 400 Bowman St. 31 E. Main St. 741 Scholl Rd. Suite A 200 Park Ave. West
Mansfield, OH 44906 Shelby, OH 44875 Mansfield, OH 44907 Mansfield, OH 44902**

Visiting Nurse Association of Ohio

877-698-6264

Non-profit providing access to high-quality comprehensive home health care to promote health, independence, and dignity to those living within the communities we live and serve. Our home-based services include behavioral health, skilled nursing care, physical, occupational and speech therapy. Call us 24/7 at 877-698-6264 to request services or for more information.

**Richland Locations: 40 West 4th Street
Mansfield, Ohio 44902**

Psychiatrists

Dr. Dalia Perez- Gonzalez

419-529-4602

Department of Veteran Affairs is accepting new patients and is located at **1456 Park Avenue West, Ontario, OH 44906.**

Dr. Colleen McKinney

Mansfield: 419-522-5454 Shelby: 419-342-2812

Richland Pediatrics is accepting new patients. They offer wellness checks, immunizations, behavioral health maintenance appointments, asthma/ allergy, & sick visits. Referrals can be faxed to numbers listed below.

Richland Locations:	540 South Trimble Rd. Mansfield, OH 44906 Fax: 419-522-2981	110 Smiley Ave Suite 1 Shelby, OH 44875 Fax: 419-342-2818
----------------------------	--	--

Yogesh Desai M.D.

419-526-2655

Mansfield Ohio Health is accepting new patients and is located at **146 Marion Avenue, Mansfield, OH 44903.**

Upender Gehlot, M.D. and Roseline Ekaette Okon, M.D.

567-241-7037

Both Dr. Gehlot and Okon are accepting new patients and are located at **335 Glessner Avenue MOB 2nd Floor, Mansfield, OH 44903.**

Just need to talk, but you are not in crisis. Call the Warmline at 419-522-5300

**Text 4hope to #741741
For Free Confidential,
24/7 Support**

**Veteran's Crisis Line
800-273-8255
Or TEXT: #838255**

**FIRST CALL 211(419)522-4636
Information when you need it**

